



You're Invited to:

"Take an Hour For Your Health"



It is National Women's Health Week and all women are encouraged to take simple steps for a longer, healthier, and happier life. Join the Office of Women's Health for an event that is all about you!



What:

Free Health Screenings, Educational Displays, and 2 Performances by Community Health Network's interactive theater group, "Picture This"



When:

Monday, May 14th, 11am-2pm,
"Picture This" showtimes: 11:30-12:00 and 12:30-1:00



Where:

Indiana Government Center South

The event is free and open to state employees as well as the general public.

Special Request:

Help less fortunate women also be able to pamper themselves by bringing donations of bath products and other toiletries to be donated to The Julian Center.

Donations will be collected from
May 14th-18th at the Indiana Government Center.



The Julian Center offers counseling, safe shelter, and education to women choosing lasting freedom from abuse. www.juliancenter.org

For questions regarding women's health issues, contact Tanya Parrish, Director of the Office of Women's Health, at tparrish@isdh.IN.gov.



Office of Women's Health
Indiana State Department of Health